

EVENT SCHEDULE

| DATE | TIME | EVENT/ACTIVITY | LOCATION |
|---------------|-------------|--|-------------------------------------|
| Thurs 5/31/18 | 1500 - 1900 | Athlete Arrivals & Event Registration | Executive Inn & Suites, Oakland, CA |
| | 1700 - 1900 | Dinner | Executive Inn & Suites, Oakland, CA |
| | 1900 - 2000 | Mandatory Athlete | Executive Inn & Suites, Oakland, CA |
| | | Meeting | |
| | | | |
| Fri 6/1/18 | 0600 - 1000 | Breakfast | Executive Inn & Suites, Oakland, CA |
| | 1015 | Shuttles Depart | Executive Inn & Suites, Oakland, CA |
| | 1100 - 1200 | Opening Ceremony | Heli-Pad, Coast Guard Island |
| | 1200 - 1300 | Lunch | Gazebos, Coast Guard Island |
| | 1300 – 1700 | Biathlon Competition | Gresham Hall, Coast Guard Island |
| | 1300 – 1700 | Field Competition | Athletic Field, Coast Guard Island |
| | 1300 – 1700 | Martial Arts demo | Gymnasium MPR, Coast Guard Island |
| | 1300 – 1700 | Sitting Volleyball demo | Gymnasium, Coast Guard Island |
| | 1700 – 1800 | Medal Ceremonies | Podium Park, Coast Guard Island |
| | 1800 - 1900 | Dinner | Gazebos, Coast Guard Island |
| | 1900 | Shuttles Depart | Campbell Ave, Coast Guard Island |
| | | | |
| Sat 6/2/18 | 0600 – 0715 | Breakfast | Executive Inn & Suites, Oakland, CA |
| | 0715 | Shuttles Depart | Executive Inn & Suites, Oakland, CA |
| | 0800 – 1100 | Powerlifting Competition | Gymnasium, Coast Guard Island |
| | 0800 – 1100 | Rowing Competition | Gresham Hall, Coast Guard Island |
| | 0800 – 1200 | USA Fencing demo | Tennis Courts, Coast Guard Island |
| | 0800 – 1200 | Yoga & Meditation demo | Gymnasium MPR, Coast Guard Island |
| | 1000 - 1400 | Resource Fair | Campbell Ave, Coast Guard Island |
| | 1100 – 1200 | Medal Ceremonies | Podium Park, Coast Guard Island |
| | 1200 - 1300 | Lunch | Gazebos, Coast Guard Island |
| | 1300 – 1700 | Archery Competition | Athletic Field, Coast Guard Island |
| | 1300 – 1700 | Basketball demo | Gymnasium, Coast Guard Island |
| | 1700 – 1800 | Medal Ceremonies | Podium Park, Coast Guard Island |
| | 1800 - 1900 | Dinner | Gazebos, Coast Guard Island |
| | 1900 | Shuttles Depart | Campbell Ave, Coast Guard Island |
| | | | |
| Sun 6/3/18 | 0600 - 0715 | Breakfast | Executive Inn & Suites, Oakland, CA |
| | 0600 – 0715 | Check-Out of Hotel | Executive Inn & Suites, Oakland, CA |
| | 0715 | Shuttles Depart | Executive Inn & Suites, Oakland, CA |
| | 0800 – 1100 | Cycling Competition | Cycle Course, Coast Guard Island |
| | 1100 – 1200 | Medal Ceremonies | Cycle Course, Coast Guard Island |
| | 1200 – 1230 | Lunch | Heli-Pad, Coast Guard Island |

Updated 2018-5-1



EVENT SCHEDULE

| 1 | 230 – 1300 | Closing Ceremony | Heli-Pad, Coast Guard Island |
|---|------------|------------------|------------------------------|
| 1 | 300 | Shuttles & Hotel | |
| | | Departures | |

* Event schedule is subject to change at the discretion of the Valor Games Far West Organizing Committee