



VALOR GAMES
FAR WEST 2019

EVENT SCHEDULE

DATE	TIME	EVENT/ACTIVITY	LOCATION
Thurs 5/30/19	3:00 PM – 7:00 PM	Athlete Arrivals & Event Registration	Executive Inn & Suites, Oakland, CA
	5:00 PM – 7:00 PM	Dinner	Executive Inn & Suites, Oakland, CA
	7:00 PM – 8:00 PM	Mandatory Athlete Meeting	Executive Inn & Suites, Oakland, CA
Fri 5/31/19	6:00 AM – 10:00 AM	Breakfast	Executive Inn & Suites, Oakland, CA
	10:15 AM	Shuttles Depart	Executive Inn & Suites, Oakland, CA
	11:00 AM – 12:00 PM	Opening Ceremony	Heli-Pad, Coast Guard Island
	12:00 PM – 1:00 PM	Lunch	Gazebos, Coast Guard Island
	1:00 PM – 5:00 PM	Biathlon Competition	Gresham Hall, Coast Guard Island
	1:00 PM – 5:00 PM	Field Competition	Athletic Field, Coast Guard Island
	1:00 PM – 5:00 PM	<i>Interactive Demo</i>	<i>TBD, Coast Guard Island</i>
	1:00 PM – 5:00 PM	<i>Interactive Demo</i>	<i>TBD, Coast Guard Island</i>
	5:00 PM – 6:00 PM	Medal Ceremonies	Podium Park, Coast Guard Island
	6:00 PM – 7:00 PM	Dinner	Gazebos, Coast Guard Island
	7:00 PM	Shuttles Depart	Campbell Ave, Coast Guard Island
Sat 6/1/19	6:00 AM – 7:15 AM	Breakfast	Executive Inn & Suites, Oakland, CA
	7:15 AM	Shuttles Depart	Executive Inn & Suites, Oakland, CA
	8:00 AM – 11:15 AM	Powerlifting Competition	Gymnasium, Coast Guard Island
	8:00 AM – 11:15 AM	Rowing Competition	Gresham Hall, Coast Guard Island
	8:00 AM – 11:15 AM	<i>Interactive Demo</i>	<i>TBD, Coast Guard Island</i>
	8:00 AM – 11:15 AM	<i>Interactive Demo</i>	<i>TBD, Coast Guard Island</i>
	10:00 AM – 2:00 PM	Resource Fair	Campbell Ave, Coast Guard Island
	11:15 AM – 12:00 PM	Medal Ceremonies	Podium Park, Coast Guard Island
	12:00 PM – 1:00 PM	Lunch	Gazebos, Coast Guard Island
	1:00 PM – 5:00 PM	Archery Competition	Athletic Field, Coast Guard Island
	1:00 PM – 5:00 PM	<i>Interactive Demo</i>	<i>TBD, Coast Guard Island</i>
	5:00 PM – 6:00 PM	Medal Ceremonies	Podium Park, Coast Guard Island
	6:00 PM – 7:00 PM	Dinner	Gazebos, Coast Guard Island
7:00 PM	Shuttles Depart	Campbell Ave, Coast Guard Island	
Sun 6/2/19	6:00 AM – 7:15 AM	Breakfast	Executive Inn & Suites, Oakland, CA
	6:00 AM – 7:15 AM	Check-Out of Hotel	Executive Inn & Suites, Oakland, CA
	7:15 AM	Shuttles Depart	Executive Inn & Suites, Oakland, CA
	8:00 AM – 11:15 AM	Cycling Competition	Cycle Course, Coast Guard Island
	11:15 AM – 12:00 PM	Medal Ceremonies	Cycle Course, Coast Guard Island
	12:00 PM – 12:30 PM	Lunch	Heli-Pad, Coast Guard Island
	12:30 PM – 1:00 PM	Closing Ceremony	Heli-Pad, Coast Guard Island
	1:00 PM	Shuttles & Hotel Departures	